## **HOW TO FIT YOUR HILLS FACE MASKS**

AFTER WASHING YOUR MASK: WASH HANDS IN SOAP AND WARM WATER AND DRY THOROUGHLY





**USE SIDE STRAPS TO FIT MASK TO** FACE. PUT HANDS THROUGH SIDE STRAPS AND PULL MASK TO FACE. FITTING ON CHIN POCKET FIRST



**KEEP HANDS AWAY FROM FACE WHEN PUTTING ON MASK** 



**POSITION MASK TO FIT** SNUGGLY AROUND CHIN, ADJUST FIT IF NEEDED BY TIGHTENING SIDE STRAPS WITH A KNOT



PRESS THE NOSE WIRE ON THE TOP FRONT OF THE MASK TO SHAPE ON YOUR NOSE AND **CHEEKS FOR A TIGHTER FIT** 



**PULLING STRAPS UP BEHIND HEAD FASTEN THE VELCRO AT** THE BACK OF YOUR HEAD